

2009 Mohegan Council

Trail to First Class Skills Weekend



Preparing our scouts for Advancement and Adventure

Dear Unit Leaders,

This manual is designed to describe our program to help your scouts attain the skills they need to advance towards the rank of First Class. This should help you prepare all the scouts taking part for a weekend of learning, fun, and friendship.

Please read this manual in its entirety.

Cheerfully Presented in Scouting,
Mohegan Council's *Trail to First Class* Staff

Mark your calendar for the weekend of April 24th, 25th, and 26th of 2009 to be
at **Treasure Valley Scout Reservation.**

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Event Overview

This weekend is designed to give opportunities for scouts to learn and practice skills for advancement that they may not have the chance to work on throughout the year. There will be seven areas open, but the scout participating will need to choose four areas to work on. The scouts will be given time schedules for each individual request. We will do our best to make this a weekend to remember for all.

Youth Leader Involvement

Scouts that have completed First Class and Junior Assistant Scoutmasters (JASM) will be assisting other adult camp staff. These scouts can be depended on to solve many of your camp issues and directions, rely on them.

General Rules

The **Scout Law**, **Scout Oath**, and the **Outdoor Code** are the guiding rules of enforcement. Please respect nature here at Treasure Valley; it belongs to everyone.

Individual Tracking Cards

The provided Tracking Cards are intended to help each individual scout keep track of what they worked on during the weekend. **Please have scouts write their names on them as soon as they get them.**

Skills Areas

Our seven skills areas are set up to offer diversity in providing needs for the scouts. The scouts will only be able to attend four sessions on Saturday. These sessions will be planned for one hour and fifteen minutes, allowing fifteen minutes for sign-off and walking to the next session. Scouts will be expected to **register in advance** for the skills they plan to work on over the weekend. The scheduling staff will try to accommodate all reasonable requests for activities. We are interested in making this a regular event that enriches the scout spirit and provides opportunity.

Tour Permit

Mohegan Council does not require units to file a Local Tour Permit for activities within Council boundaries.

Troop Rosters

Treasure Valley Scout Reservation **requires** all units to file a complete roster of persons attending this event at the time of unit registration. **Please bring 3 copy's of your Troop Rosters with you at time of registration.**

SCHEDULE

FRIDAY, April 24TH

6:00 PM	Registration and Check-In Opens
8:00 PM	Registration Closes
8:30 PM	SPL and adult leader meeting and cracker barrel
10:00 PM	Taps (all quiet in camp)

SATURDAY, April 25TH

6:30 AM	Reveille
7:30 AM	Breakfast
8:30 AM	Morning Colors and Opening Ceremony at Boonesville Plain
9:00 to 10:15	First Session
10:30 to 11:45	Second Session
12:00 to 1:00	Lunch at Camp sites
1:00 to 2:15	Third Session
2:30 to 4:00	Fourth Session
4:30 PM	Evening Colors at Boonesville Plain
5:00 PM	Dinner at Camp sites
6:30 PM	Dutch Oven Competition
8:00 PM	Campfire
10:00 PM	Taps (all quiet in camp)

SUNDAY, April 26TH

6:30 AM	Reveille
7:30 AM	Breakfast at camp sites
8:30 AM	Scouts Own
9:30 AM	Clean Campsite and Check-Out
10:30 AM	Leave Camp

WEEKEND OVERVIEW

Check In

Units may check in from 6:00 to 8:00 on Friday evening. If your Troop is coming in on Saturday you can registrar from 7:00 AM to 8:00 AM all training classes and campfire will be held on Saturday. Check-out will be on Sunday morning following the Interfaith Service (Scouts' Own). The road will be temporarily closed during this time, and no exit will be possible until its completion.

Skill Stations

Each of the **skills station** will be **run by a Troop**. One of our goals is to provide more opportunities for Youth Leadership to teach camping skills and help in planning. Please do not hesitate to ask them for help - these scouts need the opportunity to lead. We expect the troop that runs a particular training skill to be efficient and thorough in the materials they present to our young scouts. All material will be presented in accordance with the current advancement requirements of the Boy Scout Handbook.

Advancement

TtoFC Staff will not be signing in Scout's Handbooks at this event. We are providing individual Tracking Cards that will describe all the planned activities, and once they have completed a particular skill at their session can be marked off on their Tracking Cards.

SPL/Adult Leader Meeting

Friday night will be mandatory Leadership meeting at 8:30 in the Trading Post. All Senior Patrol Leaders and adult leaders should be at the meeting. The unit Leaders will get the individual Tracking Cards to distribute to the scouts for Saturday's events.

This meeting will also be used to answer any questions, resolve issues, and make any changes or last minute additions to the program. We will be asking for volunteer service patrols to help clean the camp before we leave for the weekend. After the meeting, we will have a Cracker Barrel.

Equipment Checklist

The equipment needed for a good Trail to First Class Skills Weekend is the same as that which is needed for a normal campout. The Boy Scout Handbook has a simplified list of minimum equipment. **Do not forget the 10 essentials.** Please be prepared for rain, weather here at Treasure Valley can change overnight.

Boy Scout Training Areas and Descriptions

Requirement Legend:

T – Tenderfoot
S – Second Class
F – First Class

Compass:

- S1a. Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- F1 Demonstrate how to find directions during the day and at night without using a compass.
- F2 Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.).

Knots:

- T4a. Demonstrate how to whip and fuse the ends of a rope.
- T4b. Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut line hitch.
- F7a. Discuss when you should and should not use lashings.
- F7b. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.
- F7c. Use lashings to make a useful camp gadget.
- F8a. Demonstrate tying the bowline knot and describe several ways it can be used.

First Aid:

- T12a. Demonstrate the Heimlich maneuver and tell when it is used.
- T12b. Show first aid for the following: Simple cuts and scratches, Blisters on the hand and foot, Minor burns or scalds (first degree), Bites or stings of insects and ticks, Poisonous snake bites, Nosebleed, Frostbite and sunburn.
- S6a. Show what to do for “hurry” cases of stopped breathing, serious bleeding, and internal poisoning.
- F8b. Demonstrate bandages for a sprained ankle and for injuries to the head, upper arm, and the collarbone.
- F8c. Show how to transport by yourself and with one other a person from a smoke-filled room, and a person with a sprained ankle (for at least 25 yards).
- F8d. Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).

Outdoor Identification:

- T11. Identify local poisonous plants; tell how to treat for exposure to them.
- S5. Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.
- F6. Identify or show evidence of at least ten kinds of native plants in your community.

Camping:

- T2. Spend at least one night on a patrol or troop campout. Sleep in a tent that you have helped pitch. This is probably the easiest requirement to do this weekend... almost a freebie for attendees.

Cooking:

- T3. On one campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each member to share in meal preparation and cleanup, and explain the importance of eating together.
- F4a. Help plan a patrol menu for one campout—including one breakfast, one lunch, and one dinner—that requires cooking. Tell how the menu includes the four basic food groups and meets nutritional needs.
- F4b. Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
- F4c. Tell which pans, utensils, and other gear will be needed to cook and serve these meals.
- F4d. Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.
- F4e. On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.

Tot'n Chip:

- S2c. On one campout, demonstrate proper care, sharpening, and use of the knife, saw and ax, and describe when they should be used.

Fireman Chit:

- S2d. Use the tools listed in 2c to prepare tinder, kindling, and fuel for a cooking fire.
- S2e. Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.
- S2f. Demonstrate how to light a fire, and a lightweight stove.

Flags & Ceremony:

- S3. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity.
- F4e. Saying Grace with your troop or patrol Scouts Own, participate on Sunday Honor in wearing your uniform.

Dutch Oven Challenge

Teams pre-register for the chance to complete the best Dutch Oven meal from a menu of ingredients. All teams will receive the exact same ingredients, so the best result should come from the best cooks. The best team will be recognized at the campfire.

In Emergencies

In the event of an emergency that endangers the camp, we sound a siren three times to signal the camp. Upon hearing this, you should drop everything immediately and gather your unit at your site hard shelter. Scouts at stations should stay at the station. Refer to camp policy. Please walk and keep a cool head. If you hear the emergency signal, you need to assume it is a real emergency.

Open Fires

Fire will only be permitted in the campfire rings provided. Firewood will be provided, so troops are **NOT** to bring their own wood, kindling and tinder. **The fires will need to be under an adult supervision at all times.** Each unit must follow fire safety rules and are responsible for providing their own safety equipment (water bucket, shovels, etc.).

First Aid

First aid treatment is available at the office attached to the Magee Center. There will be qualified personnel roaming the events on Saturday. Many of the staff will have fmr's (family service radios) and can contact the first aid person in an emergency. All injuries and illnesses must be reported to the first aid station; no matter how minor they appear, as they must be entered into the first aid log.

Warnings!

POISON OAK and Ivy

Poison Oak and Ivy is all around us here at Treasure Valley. All scouts should be able to identify poison oak. It is especially important that you DO NOT burn poison oak. Any Scout who gets into poison oak should follow normal procedures of washing immediately with soap and water.

KNIVES AND AXES

No sheath knives are allowed! Boy Scouts may use axes only if an ax yard is set up and marked off by the troop.

LANTERNS AND STOVES

Scouts may use liquid fueled lanterns and stoves, but both must be under the supervision of an adult. No lamps, candles or other heat or flame sources are allowed in tents.

Water

Water will not be running at Treasure Valley. Water will be at Magee building and the Rangers office. Each unit is required to bring water, containers and facilities for washing. You will be required to transport water from the faucets to your area. **Wash dishes in your campsite, not at the restrooms!**

Sanitary Facilities

A SCOUT IS CLEAN. The pit type latrines are available at Madore, High Mesa, T-Bird, ECon, Chippewa and the Public Latrine by the Handicraft lodge. Please use them for their intended purposes. Do not use trees, and do not dig latrines in your campsite. Please keep these facilities clean, as several people in the course of the weekend will use them. It is required for each unit to bring 1 roll of toilet paper of each 4 people in your unit. The Campmaster may request you to donate a roll toward the use on one of the facilities.

Trash and Garbage

Pack it in- pack it out! Please bring seal-able garbage bags for disposal of your trash and garbage. Everyone must haul out their own trash and garbage on Sunday. Please remember that animals live in the camp too, keep food put away when not cooking.

Tents

Remember low impact camping techniques. Tent ditching or trenching is not allowed. Look for a well-drained area to pitch your tent. **Pitching tents on the platforms in your campsites is ok but do not use any nails.**

Taps

A SCOUT IS COUTEIOUS. After taps every Scout is expected to be in his tent and quiet at that time. If you must move about in your own area after taps, do it quietly so that others are not disturbed. Roaming about the campgrounds or other campsites will not be tolerated.

Campfire Skits, Songs, and Walk-Ons

All units are expected to participate in Saturday night's campfire. Be Prepared to present your entry in front of the camps staff prior to the campfire. The appropriateness of the skit, song, or walk-on is the final judgment of the TFC staff.

Scouts Own

A SCOUT IS REVERENT. We will have a non-denominational Interfaith Service (Scout's Own) for all Scouts and leaders on Sunday morning. We request everyone to attend this function as no other activities will be planned during this time. **NO VEHICLES SHOULD BE LOADED OR MOVED DURING THE SCOUT'S OWN.**

Uniforms

All Scouts and leaders must wear uniforms while traveling to Treasure Valley, and for check-in and checkout. Troop Activity (or Class B) uniforms are allowed while participating in the program classes, but a Field (Class A) uniform is required for Saturday night's campfire and Sunday morning's Interfaith Service.

Flags

All Scouts and leaders are expected to attend opening flags on Saturday morning at Boonesville Plain, please see your map if you do not know where this is. Closing flags will be Saturday afternoon. Units are encouraged to display their troop and patrol flags in their campground areas.

Lost and Found

A SCOUT IS TRUSTWORTHY. Please see someone in the Trading Post if you have lost anything, or found anything.

Forbidden Items

As with any Scout outing, and for reasons of courtesy and safety, these items are forbidden from the Trail to First Class Skills Weekend:

Radios

Sheath Knives

Sling Shots

Guns & Ammunition

MP3 players

Bows and Arrows

Fireworks

CD or Tape Players

Electronic Games

Cooking Menu Submissions

Scouts that are going to be working on the requirements for cooking in their trail to first class Saturday afternoon should provide their menus in advance to have them approved by your troop representative. We want to make sure that the food being prepared by the Scouts is appropriate, and that it can easily be done in the time allowed for meal preparation.

Directions to Treasure Valley Scout Reservation

From the Mass Pike (Interstate 90)/Interstate 84

-Exit at Sturbridge **Route 20** and go east. Approximately 1-½ miles turn left on **Route 49** toward Spencer and follow to **Route 9**.

-Turn right on **Route 9** (east) and go approximately ½ mile to the traffic light and turn left on **Meadow Street** (on the corner there is a Big Y, Flexcon, Hess Gas Station and a cemetery).

-Follow **Meadow Street** approximately 2 miles to stop sign and turn left onto **Route 31**.

-Continue on **Route 31** past St. Joseph's Abbey and the Black and White Restaurant.

-About ½ mile past the Black and White Restaurant turn left onto **Barclay Road** (a TVSR sign is posted. Treasure Valley is 1 mile on your left).

From Interstate 290 (from Marlboro)

-Take **Exit 18 (Lincoln Street)** and follow signs to to **Lincoln Square (Route 9)**.

-Turn right on **Route 9** (heading toward the Worcester Airport and Paxton).

-Follow Directions from Route 9 below.

From Interstate 290 (from Auburn)

-Take **Exit 17** and turn left onto **Route 9**

-Follow Directions from Route 9 below.

From Route 9/290 in Worcester

-Stay straight on **Route 9** -Picking up **Pleasant Street** (north)/ **Route 122** toward the Worcester Airport and Paxton - Follow **Route 122** past the airport, through **Tatnuck Square** and Paxton Center and into Rutland - ½ mile past the "Detour Deli" (*a convenient store*) **turn left** at the next intersection onto **Pleasantdale Road** - Follow **Pleasantdale Road** approximately 2-½ to 3 miles, Treasure Valley Scout Reservation entrance is on the right side.

Addresses:

Treasure Valley Scout Reservation
394 Pleasantdale Road
Rutland, MA 01562
508-886-2213
508-886-6693 (fax)

Mohegan Council, Inc.
19 Harvard Street
Worcester, MA 01609
508-752-3769
508-752-3047 (fax)

General Policies of Treasure Valley Scout Reservation

- The Scout Oath and Law are the guidelines for behavior in Treasure Valley Scout Reservation.
- Upon arrival, the unit or group must check in with the Campmaster or Ranger and complete the Facility Usage Report.
- The facilities must be left in the safe condition as they were upon arrival. All damage noted during the stay, including the cost of excess cleaning would be the responsibility of the unit or group.
- The Camp Ranger's Shop is off limits, unless permission is given.
- The COPE Course may not be used, unless qualified personnel are supervising the activity.
- Pets are not permitted in camp, except Seeing Eye dogs.
- A complete Roster of all persons in attendance must be provided upon arrival to Treasure Valley Scout Reservation.
- Neither the Mohegan Council nor Treasure Valley Scout Reservation will make a determination as to the safety or condition of ice on Browning Pond. Each group may use the Pond, but do so at their own risk.
- Adult Supervision – Each group using Treasure Valley must have a minimum of two adult leaders in camp at all times.
- Supervision of all campers/participants is the responsibility of the group leaders.
- Controlled Substances – Possession or use on camp property of alcohol, any drug or medicine prohibited by law is prohibited.
- Fireworks – are illegal in Massachusetts and prohibited in camp.
- Injuries/illnesses – must be reported to the McGee Center or designated location.
- Liquid Fuels – are allowed in camp as long as BSA policy is followed for safe use and storage.
- Personal Firearms and archery equipment are not allowed in camp.
- Smoking is prohibited in the presence of Scouts or minors.
- Vehicles – must remain on designated roads. Strict observance of posted speed is required.
- Off road vehicles, including Snowmobiles are prohibited.
- Proper supervision of those using any water areas is the responsibility of the unit/group leader. This includes determining the safety of ice.
- Sledding, snowboarding is not permitted.
- Only areas reserved may be used during your stay.
- Bicycles may be used in camp on approved roads and trails. Proper equipment, including helmets must be used.
- Child Abuse/Hazing – All incidents of Child Abuse or Hazing must be reported immediately to the Campmaster or Ranger.
- The Camp Ranger or his designee has the authority to maintain the above policies and to ensure a safe camp.