

# Working Toward First Class? Join Us at the Valley for the Trail to First Class Skills Weekend!

The perfect weekend event for new Boy Scouts and Webelos who just crossed over. Activities will include: Knots and Lashing, Totin' Chip, Fireman Chit, Orienteering, Nature, First Aid, Cooking and Camping.



**WHEN:** April 25- 27, 2008

**WHAT:** This is a Troop participation function that includes a Friday to Sunday camp out with activities beginning on Saturday morning, closing camp on Sunday at about noon.

**WHERE:** Treasure Valley Scout Reservation

**COST:** \$15 per youth, \$10 per adult

## A FIRST CLASS EMPHASIS WEEKEND

### To make your reservation:

**DOWNLOAD THE INFORMATION PACKET** off the council website: [www.mohegancouncilbsa.org](http://www.mohegancouncilbsa.org) (click on "Events and Activities" from menu at left). Complete the **TROOP REGISTRATION FORM** (below) as well as a **SCOUT REGISTRATION FORM** (attached) for each Scout participating, and return them with your check (made payable to Mohegan Council, BSA) to the address at the bottom of this form. You may also FAX your completed forms with your MasterCard or Visa information to (508) 752-3047. For more information contact the Council Service Center at (508) 752-3769.

### Trail to First Class Skills Weekend Troop Registration Form

UNIT LEADER NAME: \_\_\_\_\_ TROOP #: \_\_\_\_\_ DISTRICT: \_\_\_\_\_

HOME PHONE: (\_\_\_\_) \_\_\_\_\_ CELL PHONE: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City/Town: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Number of Scouts Attending: New Boy Scout \_\_\_\_\_ Tenderfoot \_\_\_\_\_ Second Class \_\_\_\_\_

Number of Scouts Instructing: \_\_\_\_\_

We would like to participate in the Dutch Oven Challenge: Yes/ No

PLEASE HAVE COMPLETED PARENTAL CONSENT FORMS FOR ALL BOY SCOUTS, AND MEDICAL FORMS FOR ALL ATTENDING.

WEEKEND FEES: \_\_\_\_\_ SCOUTS AT \$15 = \$ \_\_\_\_\_

\_\_\_\_\_ ADULTS AT \$10 = \$ \_\_\_\_\_

TOTAL DUE = \$ \_\_\_\_\_

#### IF PAYING BY CREDIT CARD:

Circle One: MASTERCARD / VISA Credit Card #: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Name as it appears on Card: \_\_\_\_\_ Amount to Charge: \$ \_\_\_\_\_

Full Address (required for receipt): \_\_\_\_\_

Please Mail Completed Forms To:

MOHEGAN COUNCIL, BSA  
19 HARVARD STREET  
WORCESTER, MA 01609

Phone: 508-752-3769 \* Fax: 508-752-3047

(6151)

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## A FIRST CLASS EMPHASIS WEEKEND

### Trail to First Class Skills Weekend Scout Registration Form April 25-27, 2008

Scout's Name: \_\_\_\_\_ Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

HOME PHONE: (\_\_\_\_) \_\_\_\_\_ CELL PHONE: (\_\_\_\_) \_\_\_\_\_

SIGNATURE OF PARENT (AUTHORIZING SCOUT TO PARTICIPATE IN ACTIVITY): \_\_\_\_\_

Rank (circle one): New Boy Scout / Tenderfoot / Second Class / Other: \_\_\_\_\_

Unit Leader Name: \_\_\_\_\_ Troop #: \_\_\_\_\_ District: \_\_\_\_\_

I would like to participate in the following courses:

Session 1- \_\_\_\_\_ Session 2- \_\_\_\_\_ Session 3- \_\_\_\_\_ Session 4- \_\_\_\_\_

**SCOUTS-** Please refer to the course descriptions on the back of this form and completely fill in the information requested above. Once completed, give this form (along with your activity fee for the weekend) to your unit leader to turn in with the "Troop Registration Form."

**UNIT LEADERS-** Reservations are not complete until the "Troop Registration Form" AND corresponding "Scout Registration Forms" are submitted to the Council Service Center accompanied by ALL activity fees for the weekend.

### Tot'n Chip- Station 1

- On one camp out, demonstrate proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.
- Use the tools listed above to prepare tinder, kindling, and fuel for a cooking fire.
- Though not required for First Class, all Totin' Chip requirements will be covered in this session: 1. Read and understand woods tools use and safety rules from the *Boy Scout Handbook*; 2. Demonstrate proper handling, care, and use of the pocketknife, ax, and saw; 3. Use the knife, ax, and saw as tools, not playthings. Use them only when you are willing to give them your full attention; 4. Respect all safety rules to protect others; 5. Respect property. Cut living and dead trees only with permission and with good reason; 6. Subscribe to the Outdoor Code.

### Firem'n Chit- Station 2

- Discuss when it is appropriate to use a cooking fire and a lightweight stove.
  - Discuss the safety procedures for using both.
  - Demonstrate how to light a fire and a lightweight stove.
- Though not required for First Class, by the end of this session, all participants will fulfill the Firem'n Chit requirements: 1. I have read and understand fire use and safety rules from the *Boy Scout Handbook*; 2. I will secure necessary permits (regulations vary by locality); 3. All flammable vegetation must be cleared at least 5 feet in all directions from fire (total 10 feet); 4. Fire must be attended to at all times; 5. Firefighting tools (water and/or shovel) must be readily available; 6. Fire must be cold out before it is left; 7. I subscribe to the Outdoor Code and Leave No Trace.

### First Aid - Station 3

- Demonstrate the Heimlich maneuver and tell when it is used.
- Demonstrate bandages for a sprained ankle and for injuries on the head, upper arm, and the collarbone.
- Show first aid for the following: simple cuts and scratches, blisters on the hand and foot, minor burns and scalds (first-degree), bites or stings of insects and ticks, poisonous snakebite, nosebleed, frostbite and sunburn.
- Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
- Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).
- Show how to transport (for at least 25 yards) by yourself and with one other person, a person 1. from a smoke-filled room, and 2. with a sprained ankle.

### Cooking – Station 4

- On one campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each member to share in meal preparation and cleanup, and explain the importance of eating together.
- Help plan a patrol menu for one campout—including one breakfast, one lunch, and one dinner—that requires cooking. Tell how the menu includes the four basic food groups and meets nutritional needs.
- Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
- Tell which pans, utensils, and other gear will be needed to cook and serve these meals.
- Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.

### Compass- Station 5

- Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- Demonstrate how to find directions during the day and at night without using a compass.
- Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.)

### Knot Tying Station 6

- Demonstrate how to whip and fuse the ends of a rope.
- Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
- Demonstrate tying the bowline knot and describe several ways it can be used.
- Discuss when you should and should not use lashings.
- Demonstrate tying the bowline knot and describe several ways it can be used.
- Use lashing to make a useful camp gadget.

### Outdoor Identification: Nature- Station 7

- Identify local poisonous plants; tell how to treat for exposure to them.
- Identify or show evidence of at least 10 kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.
- Identify or show evidence of at least 10 kinds of native plants found in your community.

Work Sheet: Check one station per session and then name of skill on the registration form on the front of this form.

	Station 1 Tot'n Chip	Station 2 Fireman Chit	Station 3 First Aid	Station 4 Cooking	Station 5 Compass	Station 6 Knots	Station 7 Nature
1 <sup>st</sup> Session							
2 <sup>nd</sup> Session							
3 <sup>rd</sup> Session							
4 <sup>th</sup> Session							